



CAMILLUS YOUTH HOCKEY ASSOCIATION

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HANDBOOK

2009- 2010

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TABLE OF CONTENTS

General Information.....	1
Board of Directors Listing.....	2
I. General Guidelines.....	3
II. Players and Parents.....	5
A. Player Eligibility	
B. Registration	
C. Insurance	
D. Safety Equipment	
E. Player Movement Between Age Divisions	
F. Player Conduct	
G. Parent Conduct	
III. Coaches.....	9
A. Coaching Eligibility	
B. Coaches Selection Procedure	
C. Coaching Certification	
D. Coaches' Conduct	
E. Coaches' Responsibilities	
F. Guidelines for Practice-to-Game Ratio	
IV. Division Directors.....	13
A. Responsibilities	
V. Team Selection.....	13
A. Travel Teams	
B. Snowbelt Teams	
C. Mite Teams	
D. Transfer Players	
E. High School Players	
F. Girls Teams	

VI.	Player Discipline.....	15
VII.	Player, Coach and Parent Conduct.....	15
VIII.	Grievances.....	16
	A. Definition	
	B. Procedure for Mediation between Coaches and Parents/Guardians	
	C. Procedure for Mediation between Parents/Guardians and/or Coaches and League Officials	
IX.	Fundraising.....	17
	A. Organizational Fundraising	
	B. Team Fundraising	
X.	CYHA Scholarship.....	18
XI.	Annual Meeting.....	18
XII.	CYHA Parents Organization.....	18
XIII.	CYHA Website.....	19
	APPENDIX A - CYHA Parent Code of Conduct.....	20
	APPENDIX B - CYHA Players and Coaches Code of Conduct.....	22
	APPENDIX C - Directions to Rinks.....	23
	USA Hockey Age Classifications.....	Inside Back Cover

NOTE: These Policies and Procedures are established to provide a framework and standard for the operation of Camillus Youth Hockey Association. They may be amended or changed by a majority vote of the Board of Directors to accommodate extenuating or unforeseen circumstances.

GENERAL INFORMATION

Formed in 1971, Camillus Youth Hockey Association is a not-for-profit organization charged with the responsibility of operating a youth hockey program for the residents of the Town of Camillus and the West Genesee School District. The association is recognized as the Camillus Youth Hockey Association, CYHA, or the Camillus Cougars. CYHA is governed in accordance with the Constitution and Bylaws which are available from a Board member.

The mission of CYHA is to promote good sportsmanship, respect, discipline, self-esteem and fun at all levels, while enhancing skills to accommodate the full spectrum of player ability.

The home rink for CYHA is Shove Park in the Town of Camillus. The official mascot for CYHA teams is the cougar.

CYHA is affiliated with USA Hockey and the New York State Amateur Hockey Association. Games are conducted according to the rules of USA Hockey and sanctioned accordingly.

CYHA is governed by a 15-member Board of Directors. Four members are elected annually for a term of 3 years by the general membership of the association at an annual meeting held after the end of the regular hockey season. The President of the CYHA Parents Organization holds a voting seat on the Board of Directors, while the West Genesee High School Hockey Coach is a non-voting member. We also have an honorary, non-voting member, Harry Curley, due to his years of service with the organization.

Open meetings of the Board of Directors are held year-round on a regular basis. Meeting time, date, and location are posted on the CYHA bulletin board at Shove Park during the hockey season. For the off-season, any member of the Board of Directors can be contacted for information on meetings.

CYHA competitive/travel teams participate in Central Sectional and New York State contests and tournaments. CYHA Snowbelt teams at the Squirt level and above participate in the Snowbelt League competitions and tournaments. CYHA Mite teams compete against other teams in the area in games and tournaments. Teams may participate in additional games and tournaments at the discretion of the team's coaches and parents (subject to the practice-to-game ratio guidelines contained herein).

CYHA's Tyke program (5 to 7-year-olds) is affiliated with USA Hockey's Initiation to Hockey program, which emphasizes learning to skate, hockey skill development, and fun for all participants.

CYHA's Girls program continues to grow with teams at various levels. The Girls teams compete in the Great Lakes Girls Hockey League.

2009-2010 CYHA BOARD OF DIRECTORS

EXECUTIVE BOARD

President..... Ken Duquette
Vice President.....David Philippone
Secretary..... Pat Erwin
Treasurer..... Dave Harter

DIVISION DIRECTORS

Tykes..... Bob Bartlett
Mites..... RJ Lenhart
Squirts..... Jim Corcoran
PeeWee..... Pat Erwin
Bantams..... Lori Keyes
Midgets..... Tom Lynch
Travel Teams..... Scott McDonald
Girls..... Tim Faulkner\Loni McGuigan

Scheduling.....Lynda Gilday	Snowbelt Rep..... RJ Lenhart
Referee Liaison.....Tom Lynch	Central Section Rep.....Ken Duquette
Equipment.....Pat Erwin	Sponsorship..... Dave Philippone
Referee Scheduler.....Cici Sauda	Registrar.....Scott McDonald
ACE Coordinator..... Jack Guthrie	Snack Bar.....Dan Alfieri

I. GENERAL GUIDELINES

A. Divisional Breakdown

The CYHA program consists of teams in the Tyke, Mite, Squirt, PeeWee, Bantam, Midget and Girls division. There are also travel (competitive) teams at the Squirt, PeeWee and Bantam Division. Set forth below is a brief description of each division. Please note that the divisions are determined by the USA Hockey Age Classification which is set forth at the back of this Handbook.

1. Tyke Division. This is CYHA's initiation level program with an emphasis on fundamental skill development. This division is for players 6 years old and younger. The Tyke Division will be split into two teams (Tyke I and Tyke II). Generally, all players moving into the Mite division the following year are placed in Tyke II and all other skaters placed in Tyke I. Players may be moved at the discretion of the Tyke Director. Both Tyke I's and II's participate in a year-end CYHA Tyke Festival. Both Tyke I's and II's practice once a week. Please refer to the Tyke Handbook for more details (distributed at registration).

2. Mite Division. This is the next step in CYHA's initiation program. This division is for players 7 and 8 years old. The players are divided into teams. The teams are given at least one practice a week; to the extent possible additional practice slots will be provided. The CYHA Scheduler will also allocate to each team a certain number of game slots for scheduling games. Game slots are usually one hour in duration. CYHA Mite teams also participate in cross-ice games with other CYHA and outside teams. In January a Mite Invitational Tournament is hosted by CYHA.

3. Squirt Division. This division is for players 9 and 10 years old. There is one travel (competitive) team in this division. The remaining teams participate in the Snowbelt League. The Snowbelt teams are given at least one practice a week; to the extent possible additional practice slots will be provided. The CYHA Scheduler schedules all Snowbelt games with the League. The CYHA Scheduler will also apportion a certain number of pick-up game slots to each of the teams. Game slots are usually one hour in duration.

4. PeeWee Division. This division is for players 11 and 12 years old. There is one travel (competitive) team in this division. The remaining teams participate in the Snowbelt League. The Snowbelt teams are given at least one practice a week; to the extent possible additional practice slots will be provided. The CYHA Scheduler schedules all Snowbelt games with the League. The CYHA Scheduler will also apportion a certain number of pick-up game slots to each of the teams. Game slots are usually one hour and fifteen minutes in duration.

5. Bantam Division. This division is for players 13 and 14 years old. There is one travel (competitive) team in this division.. The remaining teams participate in the Snowbelt League. The Snowbelt teams are given at least one practice a week; to the extent possible additional practice slots will be provided. The CYHA Scheduler schedules all Snowbelt games with the League. The CYHA Scheduler will also apportion a certain

number of pick-up game slots to each team. Game slots are usually one and a half hours in duration.

6. Midget Division. This division is for 15, 16, 17 and 18 year old players. There is no travel (state tournament bound) team in this division. Typically there are two balanced teams which participate in the Snowbelt League. As required by registration numbers, a Select team may also be fielded at this age level. The Select team will play at a competitive level above Snowbelt. Both teams are given at least one practice a week; to the extent possible additional practice slots will be provided. The CYHA Scheduler schedules all games with the Snowbelt League and may schedule Select team games. The CYHA Scheduler will also apportion a certain number of pick-up game slots to each team. Game slots are usually one and a half hours in duration.

7. Girls Program. This division is for girls of all ages. The CYHA Girls program continues to evolve. The various girls teams play teams from throughout the State. They participate in a year-end State Sectional tournament with the top two teams advancing to States. The Girls teams are provided with one practice a week; to the extent possible additional practice slots will be provided. The Girls Program will try to provide an all girls skills clinic when available. The CYHA Scheduler will schedule all games.

8. Travel Program. CYHA has a Squirt, PeeWee and Bantam travel team. The travel teams pay an extra fee which provides them with additional ice, an additional jersey and the fee for the year-end sectional tournament. Through the season, the travel teams play Q ("qualifying") games which qualify them for sectionals. The CYHA Scheduler schedules all Q games with the League. The CYHA Scheduler will also apportion a certain number of pick-up games to each team. The travel teams are given two practices a week. Annually CYHA hosts a Thanksgiving Travel tournament at Shove Park. Team Tournaments

C. The number of tournaments each team participates in should be decided by the parents and coaches, keeping in mind the costs and impact on scheduling such tournaments (subject to the practice-to-game ratio guidelines contained in III.F. herein). The CYHA Scheduler should be notified of any tournaments a team plans on participating in order to coordinate league games with tournament schedules. The CYHA Scheduler shall not be responsible for forfeited league games due to extra team tournaments.

D. Practices

The CYHA Scheduler shall schedule all practices for CYHA teams. The CYHA Scheduler will attempt to rotate time slots and locations to different teams. The CYHA Scheduler shall also attempt to accommodate requests as they relate to practices, but it will not always be possible to accommodate such requests. Once a practice is scheduled, it is the team's responsibility to show up for such practice. If a change is needed, the CYHA Scheduler will work with the team to make a change, but if a change cannot be made, the team must show up for the practice. To the extent a team does not show up for its scheduled practice, the team will forfeit a practice in the following two-week schedule for that team.

E. Rinks Other Than Shove Park

As part of its ice portfolio, CYHA rents ice at facilities other than Shove Park, including , Lysander, the War Memorial, and Skaneateles. While at these external rinks, it is important that we all show the representatives of those rinks the utmost respect and cooperation.

II. PLAYERS AND PARENTS

A. Player Eligibility

1. Any youth who resides in the Town of Camillus or West Genesee School District is eligible to play for CYHA.
2. Boys who reside out of this district will be accepted ONLY in situations where there are not enough in-district players to sustain a team in a division.
3. Such out-of-district boys will not be eligible to participate on travel teams for a period of (1) one year.
4. Boys who reside outside of this district and who were registered participants during the prior season shall be allowed to continue to participate in CYHA.
5. Brothers of boys who reside out of this district who were registered participants during the prior season shall be allowed to participate in CYHA.
6. Girls who reside out of this district will be accepted ONLY in situations where there are not enough in-district players to sustain a team in a division.
7. Girls who reside outside of this district and who were registered participants during the prior season shall be allowed to continue to participate in CYHA.
8. Sisters of girls who reside out of this district who were registered participants during the prior season shall be allowed to participate in the CYHA Girls Program ONLY in situations where there are not enough in-district players to sustain a team in a division. These girls will NOT be permitted to play in the boys' divisions.
9. Brothers of girls who reside out of this district who were registered participants during the prior season shall NOT be permitted to participate, except as provided in #2 above.
10. Players must have written consent of their parents or guardians.
11. Players must meet the age requirements for each age division as established by USA Hockey (included on inside back cover)

B. Registration

1. Registration of players is usually held in early Fall at Shove Park. Typically registration is held on a Thursday, Friday and Saturday. Registration rates are reviewed annually by the CYHA Board and adjusted where appropriate. The CYHA Board strives to keep CYHA's registration rates as one of the lowest in the area. Late registrants are not guaranteed a spot depending on numbers.
2. Raffle Tickets. In addition to the registration fees, all CYHA participants are required to prepay for six lottery tickets (\$30.00). The tickets can then be sold by the CYHA participant and he or she can keep the money or they can sign the tickets and put

- them in for the lottery. All completed ticket stubs should be returned to the snack bar at Shove Park.
3. Hardship. To the extent a CYHA participant cannot provide full payment at registration due to a hardship, the CYHA President may authorize an alternative payment plan for purposes of registration. Alternative payment plans will require that all fees are paid by no later than the end of the season.
 4. All players are required to pay all the declared fees for their classification.
 5. Registration fees are required at the time a player is registered with the association.
 6. Players who reside outside of the Town of Camillus or the West Genesee School District are required to pay an additional out-of-district fee at the time of registration.
 7. Travel fees are due at the time of registration. No player will be allowed to try out for a travel team unless full payment is made at the time of registration.
 8. One-half of the registration fee is refundable prior to December 1. On or after December 1, all fees are nonrefundable. Refunds must be requested in writing to the President.
 9. As provided in Section D of Team Selection, players coming from another organization will need to provide a signed release from the President of their former organization, prior to registering with CYHA.
 10. All players registering with CYHA MUST provide a copy of the participants Report Card as proof of residing "In District"

C. Insurance

In addition to the CYHA Registration fee participants are required to register with USA HOCKEY. A fee is required for ages 6 years old and above, which includes USA Hockey insurance coverage. This typically covers any amounts above your own individual coverage. To the extent you need to file a claim, see the CYHA President.

D. Safety Equipment

1. All players are required to wear any and all safety equipment required by USA Hockey for all practices and games. **NO EXCEPTIONS WILL BE MADE!**
2. Additionally, mouth guards are required (for Squirts and above) and neckguards and mouthguards are recommended for all CYHA players.
3. Players must wear helmets at all times when on the ice or on the bench during the play of a game or practice.
4. Helmets are required for all coaches while on the ice for practices or skills clinics.

E. Player Movement between Age Divisions

All players in Snowbelt and Travel leagues must play in their age division (mite, squirt, etc.) as defined by the regulations of USA Hockey during a playing season, unless special permission is granted by an accepted motion from the Board of Directors according to the following criteria:

1. Player movement down to a lower age level (e.g., PeeWee to Squirt) is not permitted by USA Hockey and will not be condoned or allowed by CYHA.
2. Player movement up to a higher age level (e.g., Squirt to PeeWee) will be allowed only if the following criteria are met:
 - a. The player and his/her parents or guardians wish to move to the higher classification (a letter requesting such player movement must be provided at registration as noted below).
 - b. Numbers within the upper division allow for an additional player.
 - c. Upward movement of a player is reserved for those exceptional situations involving a player of exceptional talent and capability where moving up to a higher level will represent the proper level of play for the child's current capability, regardless of the child's age.
 - d. Movement of a player must not severely affect the competitiveness of the division to which he/she is currently assigned either by numbers of players or competitive quality of the division.
 - e. The player in consideration must be a dominant player in his/her assigned division and be capable of play at a substantially competitive level of play in the division to which he/she would be moved.
3. Application for consideration for movement of a player must be made in writing to the CYHA President at the time of registration.
4. Manner in which a decision of the petition will be made:
 - a. For the first two weeks of the season for which the petition is applicable, the petitioning player must attend two of the scheduled ice times for each classification to be evaluated by coaches at both levels.
 - b. In addition to the requirements of "A " above, prior to the Board making a decision on player movement, a petitioning player may skate at either level until a decision is made on the petition.
 - c. The division directors for each classification will notify the coaches at both levels of the petition so as to allow for the player to be evaluated by the coaches and enable the coaches to provide written recommendations to the Board no later than the end of the first two weeks of the season.
 - d. The Board will make a decision on the petition within 30 days of the start of the season.
 - e. The Division Director of the classification assigned to the player will notify the parents of the Board's decision and the player will immediately skate at that level for the season.
 - f. The decision of the Board is final and not subject to appeal.
5. Any member of the Board who has a child applying for movement within this policy must abstain from voting for any player movement petition within that playing year.

F. Player Conduct

1. While representing CYHA during all CYHA functions including home and away games, practices, fundraising activities, etc., all players will refrain from violence, profanity, and illegal activities, and will abide by the rules of NYSAHA, USA Hockey, and CYHA.

2. Good sportsmanship is required by all players who represent CYHA. Players are expected to abide by the rules of CYHA, NYSAHA, and USA Hockey.
3. Any player who is found with a weapon, or with alcohol, tobacco, or any controlled substance that is not prescribed by his/her physician while involved in a CYHA activity will automatically be suspended until a hearing can be held by the Discipline Committee.
4. All players must respect the property and facilities of the Town of Camillus and the facilities of other hockey associations and refrain from willful or intentional destruction of property and/or facilities.
5. If CYHA equipment is not returned to a coach or designated person, the player will not be eligible to participate next season until the matter is resolved.
6. Any player found to be responsible for the theft of CYHA or personal property or damage to such property while under the direction and supervision of CYHA may be removed from participation in CYHA and held financially responsible for any and all losses.
7. Failure to abide by these rules may result in suspension or dismissal from CYHA.
8. Each player must abide by the CYHA Code of Conduct (included as Appendix B).

G. Parent Conduct

1. All CYHA parents shall attend the required Parents Education Program.
2. At all CYHA home and away games, practices, and events, parents of players registered with CYHA shall act in a manner that is conducive to the goals and objectives of CYHA.
3. During both home and away games parents shall show courteous respect to the game officials and their decisions. Parents should be ever mindful that their actions, and those of their children, are a reflection of our entire Association and Camillus.
4. Parents are expected to volunteer their efforts and resources for the benefit of all Camillus players and CYHA. This includes participation in CYHA events, tournaments, fundraising activities, and the concession stand.
5. Parents are expected to provide encouragement and support for their team coaches. Any issues of disagreement should be brought forth in a spirit of cooperation. Parents should respect the coaches as volunteers who give their time and skills for the benefit of all players.
6. Inappropriate language or actions may result in expulsion from an arena or, in the extreme, from all activities of CYHA.
7. All parents must abide by the CYHA Parent Code of Conduct (included as Appendix A). All parents must execute the CYHA Parent Code of Conduct at registration.
8. Any parent found to be responsible for the theft of CYHA or personal property or services may be removed from official organization and team functions and/or held financially responsible for any and all losses, and if deemed appropriate, at the discretion of the Board of Directors, the child of such parent may be removed from participation in CYHA.

H. Return to Play Policy

1. In the event a CYHA player is unable to play during the season at the direction of a medical professional, such player will not be allowed to practice or compete in any games until they are cleared in writing to play by such medical professional.

III. COACHES

A. Coaching Eligibility

1. All coaches and assistant coaches are volunteers and must abide by the rules of CYHA, NYSAHA, and USA Hockey.
2. All coaches and assistant coaches must be members of CYHA whether or not he/she is a parent or guardian of a registered player.
3. Any person who has been legally convicted in a court of law of sexual or physical abuse of a child will not be allowed to coach for CYHA. The Board will not knowingly appoint such a person to a coaching position or any other position within the organization where said person may come into contact with any children of the members of CYHA.
4. All CYHA head and assistant coaches must have completed the CYHA coaches application and NYSAHA screening form.

B. Coaches Selection Procedure

The following is the process to be utilized by the CYHA Board of Directors in selecting coaches:

1. The Coaches Selection Committee will consist of all CYHA Board members. The President of the CYHA Board of Directors will act as Chairman of the Coaches Selection Committee.
2. Coaches Selection Committee meetings will be held to review all coaches' applications. Copies of all applications will be provided to each member of the Coaches Selection Committee. Also, a list of what coaches have applied for what coaching positions will be provided to all Committee members.
3. No coach will be considered for a coaching position unless he/she has submitted a complete coaches application.
4. The Committee will review all applicants and discuss their respective coaching attributes. Applicants will be reviewed based on various criteria including but not limited to:
 - a. Hockey knowledge;
 - b. Ability to interact with children;
 - c. Ability to interact with parents;
 - d. How the applicant has represented the organization in the past;
 - e. Philosophy consistent with the USA Coaching Education Program and the CYHA Coaching Development Program;
 - f. Ability to write and implement quality practice plans that lead to the skill development of their players; and

- g. Attendance at CYHA development clinic and coaching meetings.
5. For those head coaching positions where there are multiple applicants, the committee will interview each applicant. The committee reserves the right to interview any coach applying for any position, even if there are no other candidates for that particular position. When a member of the Committee is running against another applicant for a head coach position, during the interview of the non-Board applicant, the Board applicant will not be present.
6. The New York State Amateur Hockey Association, in order to be in compliance with the Affiliate Agreement with USA Hockey, has instituted a policy to screen coaches, on-ice officials and volunteers who have contact with players, whether girls or boys, under the age of 18. This includes players and coaches who are over 18 playing or coaching on teams containing under 18 year old players, i.e. 19 & Under Women's teams.
7. The initial coaches selection process will be for head coaches only. (Example: If an applicant is applying for a Snowbelt Team Head Coach position and also an Assistant Travel Coach position, the applicant will be reviewed for the Snowbelt Team Head Coach position first. If as a result of the travel team selection process a change is necessary, the next applicant approved for a Snowbelt Team Head Coach position would be offered the Snowbelt Team Head Coach position.)
8. All potential assistant coaches will go through the background check described in #6 above and be approved as part of a pool of coaches, but will not be assigned until after team selection. After the team selections, all coaching staffs will be aligned and approved by the respective Division Director. At the next Board meeting, the Division Director will review with the Board the respective coaching staffs.
9. All coaches not selected as head coaches will be eligible as assistant coaches and/or vacant head coach positions.
10. The Coaches Selection Committee will review and discuss all coaching applicants and then appoint a head coach at each level. Where a consensus cannot be reached, the Committee shall vote to determine a head coach. All members of the Committee are eligible to vote. Once head coaches have been selected for all teams, at the next scheduled Board meeting, the complete listing of recommended coaches will be presented for Board approval.
11. The Secretary will keep a written record of the coaches selection process.
12. The matters discussed by the Coaches Selection Committee will be deemed confidential and will not be disclosed to third parties.
13. Board meetings where coaches are interviewed and selected are not open meetings (they are workshops).

C. Coaching Certification

1. Coaches and assistant coaches must be knowledgeable about the rules and regulations governing amateur ice hockey and should be certified as designated by the USA Coaching Education Program (CEP) within the first year of coaching for CYHA.
2. All coaches must have the necessary coaching credentials as required by USA Hockey for coaching their division.

D. Coaches Conduct

1. The position of coach is an important one and carries with it the responsibility to portray a proper role model for all players within CYHA.
2. Coaches are responsible for the equal development of all players on their teams.
3. Coaches must conduct themselves in a sportsmanlike manner at all times.
4. Coaches must not use abusive, threatening, or demeaning language or actions during games, practices, or CYHA events.
5. Coaches must refrain from name calling, profanity, and/or humiliating players.
6. Corporal punishment of a player or inappropriate physical contact with a player by a coach or any other member of CYHA is prohibited by CYHA.
7. Physical or verbal abuse of a player or game official by a coach will not be tolerated and may be grounds for dismissal following an investigation and hearing.
8. No coach shall consume alcoholic beverages immediately before a scheduled game or practice.
9. All coaches must comply with the CYHA Code of Conduct (included as Appendix B).
10. All coaches must comply with USA Hockey Code of Ethics.
11. Any coach removed from a game should verbally notify the Division Director within 48 hours and provide a copy of the game sheet, as well as a written explanation of what occurred during the subject game.

E. Coaches Responsibilities

1. Coaches and assistant coaches are responsible for the equal development for all players on their teams to the best of the coaches' and players' abilities.
2. Coaches and assistant coaches of Snowbelt teams must allow all players substantially equal ice time in both games and practices.
3. Coaches and assistant coaches of travel teams must allow for equal ice time for players during practice ice time. Due to the competitive nature of the travel program, all players may not receive equal ice time during games. All players on travel teams will be given substantially equal ice time during the first and second periods of all sectional qualifying games, with the exception of man-up or man-down situations. Travel coaches are reminded that regular season standings are not considered for seeding in the sectional tournament and should use these qualifying games as the opportunity to develop all players for tournament-level play.
4. Coaches and assistant coaches must maintain discipline of their players during games and practices – both on the ice and in the locker room. The head coach is responsible to maintain a presence in the locker room at all times. Coaches should ensure that all players (boys and girls) are entitled to use the team locker room provided proper attire is maintained. For all practice sessions and games held at any rink, coaches should inspect the locker room upon arrival and report any damage to rink personnel. An adult presence shall be maintained in the locker rooms at all times players are in the room. Coaches shall also inspect the visitor locker room prior to and after games to determine if visiting teams caused any damage. Coaches shall not leave the facility after practices or games until the locker room has been inspected and all debris has been picked up. Any damage discovered shall be reported to the Division Director within 24 hours.

5. A coach has complete authority to remove any player from the ice during a game or practice who is acting in a manner that jeopardizes the safety of any other player, who is acting in an unsportsmanlike manner, or who refuses to follow the directions of the coaching staff.
6. A coach must be present each time a team is on the ice – either for a game or practice. Coaches must ensure that all assistant coaches have completed a CYHA coach's application prior to going out on the ice.
7. If a coach determines that a player has chosen to no longer participate in CYHA, the coach should promptly contact the player and the player's parents or guardians to determine the reason for that decision. The coach must then notify the Division Director immediately when it is confirmed that a player has opted to no longer participate. The Division Director will, in turn, inform the Board. Under no circumstances does a coach have the authority to permanently remove a player from the team without Board approval.
8. All coaches should attend all CYHA coaching clinics and meetings.
9. If a coach has to cancel a game or practice for any reason, the coach must immediately notify the CYHA Scheduler.
10. Head coaches are responsible to ensure that a parent from his/her team participates in the CYHA Parents Booster Club and that such individual coordinates the team's fundraising obligations for CYHA, including but not limited to snack bar responsibilities.
11. Head coaches are responsible to ensure that all CYHA equipment is returned to the organization.

F. Guidelines for Practice-to-Game Ratio

1. It is CYHA's philosophy (consistent with USA Hockey guidelines) that a sufficient practice-to-game ratio is necessary to facilitate the appropriate skill development of our players.
2. In order to assist coaches in determining the appropriate level of games to play, CYHA has developed guidelines to assist our coaches in determining the appropriate number of games to schedule during the season. These guidelines are an attempt to both provide more consistency across the organization and continue the organization's focus on skill development.
3. CYHA has developed the following guidelines:
 - a. Coaches should strive to achieve a limit of 1 game per day with the exception of tournaments and/or other extenuating circumstances (i.e., making up a league game, unusual opportunity to play an external team, etc.)
 - b. With the exception of league games, coaches should strive to not schedule pick-up games which take longer to get to than to play the game (i.e., one and one half hour drive for a one hour game)
4. These guidelines have been adopted to assist coaches in providing the appropriate balance of practice to games. Games are an important and fun part of our program. With that said, all coaches need to be conscious of our focus on skill development and hopefully these guidelines will assist in that regard.

IV. DIVISION DIRECTORS

A. Responsibilities

1. Report on the status of the Division at Board meetings.
2. Act as a liaison between Board and division coaches.
3. Coordinate with coaches at beginning of season. Meet with coaches and plan team selections, etc.
4. Coordinate in drafting or selection of teams.
5. Distribute tournament or other information to coaches.
6. Pursuant to Policies and Procedures, try to resolve any complaints or grievances brought by parents or coaches.
7. Assist in running any tournaments for his/her respective division.
8. Meet at least monthly with coaches to review status of season, etc.
9. Follow-up with parents of any child who leaves the CYHA program.
10. Coordinate with other organizations regarding the particular division.

V. TEAM SELECTION

A. Travel Teams

1. Any player who is registered with CYHA is eligible to try-out for a travel team in his/her division (Squirt, PeeWee and Bantam).
2. Travel team fees must be submitted at the time of registration. Fees will only be returned to those who are not selected for a travel team.
3. Three travel team try-outs will be scheduled by CYHA.
4. Players who try-out must attend at least two of the three try-out sessions. It is strongly recommended that they attend all three.
5. A mandatory parents meeting for all players trying out for travel shall be conducted by the Travel Director prior to tryouts. One parent per player is all that is required to attend. Failure to attend will result in a player being ineligible to try out.
6. The Travel Division Director will oversee the evaluation process and the ultimate selection of the travel teams. The Travel Division Director, the Squirt Travel Head Coach, the PeeWee Travel Head Coach, the Bantam Travel Head Coach, and the CYHA ACE Director will evaluate players trying out for all travel teams. Players will be asked to declare what position they are trying out for (i.e., Forward or Defense) to assist evaluators. The team will be chosen by all of the evaluators using all of the information that is available to select the most competitive team possible.
7. The number of players on a travel team will be determined by the evaluators, with approval of the Board of Directors, based on the number in the division and the talent level of the players.
8. No travel teams will be held over from one year to another.

B. Snowbelt and Select Teams

1. All players who are not rostered on a travel team will be rostered on a Snowbelt team.
2. Team selection shall be done by the head coaches within each division and supervised by the Division Director following the selection of the travel teams so that all remaining players will be included in the selection process. The only coaches permitted to be present during team selection are the head coach and one approved assistant coach.
3. Teams will be selected using the following process:
 - a. Each head coach within a division will rank each player's skating and hockey ability by the end of the first week at Shove Park using an A-B-C rating system.
 - b. At a designated team-selection meeting with the Division Director, coaches will compare their ratings and agree to the designated pre-season rating for each player – once again using the A-B-C system.
 - c. If all teams at an age level are Snowbelt teams, then equal numbers of A, B, and C players will then be assigned to teams in the following manner:
 - I. The coach and up to 2 assistant coaches for each team will take their children (if applicable) on their team.
 - II. The remaining players will then be assigned to a team so that each team is equally balanced with A, B, and C players, including the coaches' children.
 - d. When a Select team is involved, teams will be selected in a fashion enabling both Snowbelt and Select teams the ability to compete at their designated level of play. This is in accordance with Snowbelt League Policy and the goals of CYHA, and recommendations of USA Hockey and the New York State Amateur Hockey Association.
 - e. Once teams have been selected and announced, rosters are final.

C. Mite Teams

1. The Mite Division will likely be divided up into teams as determined by the CYHA Board based upon a recommendation of the Mite Director after consultation with all of the Mite coaches.
2. By the end of the first week at Shove Park, all head coaches will evaluate the players using the following process:
 - a. Each head coach will rank each player's skating and hockey ability using an A-B-C rating system.
 - b. At the team selection meeting with the Division Director, head coaches will compare their ratings and agree to the designated pre-season rating for each player - once again using the A-B-C system.
 - c. After the completion of the ratings, players will be assigned to a team so that each team is equally balanced with A, B and C players, including the coaches' children.
3. Once teams have been selected and announced, rosters are final.
4. During team selection, special requests will only be honored for players who are related or have prior approval by the Board. Any special request must be submitted

in writing at the time of registration and will be reviewed by the Board. Notification will be made by the Division Director, if request is granted.

D. Transfer Players

1. Before registering with CYHA, any player transferring into CYHA must have a release from his/her previous hockey association, if required.

E. High School Players

1. CYHA players who are selected to play for a high school team will be allowed to play on both teams simultaneously. Players must make a full commitment to both teams. Conflicts shall be resolved between the West Genesee Varsity High School coach, the CYHA coach, the player and the parents.

F. Girls Teams

All girls teams associated with Camillus Youth Hockey will be defined by the following criteria and will play according to the noted guidelines:

1. Girls teams will not be called or designated as “travel” or “house” teams.
2. Travel “tryouts” or “cuts” are not a part of the girls’ program.
3. Additional ice time will not be provided to the girls’ teams. They will be given an equal amount of practices and game slots as with the “house” teams at CYHA.
4. No additional fees (i.e., travel fees) are to be paid beyond current registration fees.
5. Girls will be required to register and play age appropriate and must, therefore, petition to the CYHA Board in the event they would like to move up in age classification.
6. Relative to “equal ice time,” all coaches must allow for equal ice time for players during practice time. All coaches must allow for equal ice time during all sectional qualifying games, including man up and man down situations. All players on girls teams will receive equal ice time during the first, second and third periods of all tournaments (in-season) and substantially equal ice time during the first, second and third periods of post-season play (pre-sectional, sectional and state tournament play).

Girls teams will receive 1 post season playoff tournament paid for by CYHA provided the teams snack bar schedule has been full filled.

Coaches must clearly outline said guidelines to all parents and players prior to the start of the season and are reminded that all games are an opportunity to develop all players.

VI. PLAYER DISCIPLINE

A. Disciplinary Process

1. Coaches have the responsibility for player discipline any time his/her team is together for games, practices, and CYHA events.
2. Discipline problems should be documented in writing for each incident requiring disciplinary measures.
3. At the point at which a coach feels that a player has become a habitual discipline problem, the player will be referred to the Division Director.
4. After meeting with the player, his/her parents or guardians, and the coach, the Division Director may take additional disciplinary measures and/or refer the player to the CYHA Board of Directors.
5. The CYHA Board Of Directors will meet (in a closed session, at the next Scheduled Board Meeting) with the player, his/her parents or guardians, and the coach;) then determine the proper course of action for the player.
6. The decision of the CYHA Board of Directors may be appealed to the Discipline Committee (in a closed session) for review.
7. The decision of the Discipline Committee is final.
8. An Appeal may be submitted to the NYSAHA section President following the decision of the CYHA Discipline Committee.

VII. PLAYER, COACH AND PARENT CONDUCT

A. General Rules

1. Players, coaches and parents are representatives of CYHA during all games at Shove Park and other arenas.
2. The Division Director must be notified by the head coach within 48 hours if any player or coach is given a Game Misconduct. The head coach is responsible for imposing the following automatic penalties for player Game Misconducts:
 - a. First Game Misconduct in a Season - Sit out the next scheduled game (Note: If a Game Misconduct occurs in a Snowbelt game, sit out the next scheduled Snowbelt game);
 - b. Second Game Misconduct in a Season - Sit out the next two scheduled games; and
 - c. Third or More Game Misconducts in a Season - Indefinite suspension. For reinstatement, parents must request in writing a meeting with the CYHA Discipline Committee.
 - d. All fighting major penalties are considered game misconducts by CYHA.
 - e. If a coach receives a Game Misconduct, he/she is required to sit out the next scheduled game.
3. The CYHA President must be notified by the head coach within 48 hours if any player, coach or parent is asked to leave any arena by a referee, official from another association, or arena official.

VIII. GRIEVANCES

A. Definition

A grievance is defined as any conflict or disagreement between parents or guardians of a player and that player's coach or a league official that cannot be satisfactorily settled between those involved.

B. Procedure for Mediation between Coaches and Parents/Guardians

1. Any disagreement or conflict with a coach should first be addressed between the parties involved in a spirit of cooperation. It is strongly recommended that you wait twenty-four (24) hours before engaging in such discussions so that the involved parties have cooled down.
2. If no agreement can be reached, then the situation should be presented in writing to the Division Director for mediation. If confidentiality is requested, the Division Director should try to accommodate the request if possible.
3. If the Division Director cannot resolve the situation, the subject should be addressed to the Board of Directors in writing.
4. The Board will meet in closed session to review the situation and determine what course of action to take.
5. A written response from the Board will be issued to those involved.
6. Either party involved may then appeal the decision to the Board for a closed-session meeting between the Executive Board and all parties involved.
7. The resulting decision of the Executive Board is final.

C. Procedure for Mediation Between Parents/Guardians and/or Coaches and League Officials

1. Any incident between a parent/guardian and/or coach and a league official should be reported to the appropriate Division Director in writing as soon as possible.
2. The Division Director will then take whatever action is necessary to investigate the situation and report to the Board for whatever action is necessary.
3. No direct confrontation should occur between a parent, guardian, or coach and a league official.

IX. FUNDRAISING

A. Organizational Fundraising

1. CYHA engages in fundraising in a number of different ways including but not limited to sponsorship, the snack bar, 50/50 at tournaments, \$100 raffle and lottery tickets. Each parent and player shall strive to support CYHA fundraising in any way possible.
2. One of CYHA's prime sources of revenue (and as a result its prime source of reducing expenses) is the snack bar. Each team is required to work the snack bar one week during the season as assigned by the President of the CYHA Parents Organization. Each team's head coach and manager are responsible to ensure that all time slots during such assigned week is staffed appropriately. It is every parent's obligation, as part of the CYHA organization, to work the snack bar during his or her child's assigned week. If a parent has more than one child in the program, that parent will be required to work for each team during each team's assigned week. **THIS IS NOT OPTIONAL-THIS IS A REQUIRED FUNDRAISING OBLIGATION.** After the first of the next calendar year (i.e., January 2010), the CYHA Board of Directors will evaluate the financial success of the snack bar. Based on the success of the snack bar (as compared to budget) the Board will determine what the payout to the teams will be.
3. If an individual or entity is interested in becoming a sponsor, contact should be made with the Board member having responsibility for fundraising matters.

B. Team Fundraising

1. CYHA is in full support of opportunities for individual teams to fundraise to reduce their team's expenses. With that said, each team needs to ensure their efforts do not interfere with CYHA's fundraising efforts. Furthermore, CYHA needs to ensure that each team is provided with an equal opportunity to fundraise particularly while at Shove Park. To that end, any team fundraising needs to be coordinated in advance with the Board member having responsibility for fundraising matters.
2. Tournament bake sales are permitted provided that no sales at such bake sales are in conflict with what is sold at the snack bar.
3. Fundraisers at the Monday night clinics are permitted provided that they are cleared in advance by the Board member having responsibility for fundraising matters.

Each team will be permitted at a minimum one Monday night for fundraising purposes. To the extent they want to fundraise beyond that on a Monday night, that request will be evaluated by the Board member having responsibility for fundraising matters based on the requests of other teams.

X. CYHA SCHOLARSHIP

Annually CYHA provides a scholarship to a graduating senior who is pursuing further education and who participated for a minimum of 5 years with CYHA and/or the West Genesee High School hockey team. The selection of the recipient is based on a number of criteria including academic achievement, extracurricular activities, community service and their contribution to CYHA. The application is located at the Guidance Office of West Genesee High School or can be obtained on the CYHA website. The scholarship is typically presented at the CYHA Annual Meeting held in March.

XI. ANNUAL MEETING

At the end of the season, typically in March, CYHA will hold its annual meeting at the Camillus Municipal Building (or at another location if the Municipal Building is not available). All members of CYHA are welcome to attend the meeting. At such meeting, the Board will review the season, present the CYHA Sportsmanship Award, Honor Sponsors, and vote for new Board Members.

XII. CYHA PARENTS ORGANIZATION

The CYHA Parents Organization is a group of parents dedicated to supporting the children of Camillus Youth Hockey and promoting the children's love and enjoyment of the sport of hockey. The Parents Organization is open to all parents who have a child playing in the CYHA program. Recognizing and supporting the accomplishments and enjoyments of the players and teams is a major function of the Parents Organization. Supporting the players and teams through fundraising is the main objective of the Parents Organization. The Parents Organization appreciates and recognizes all of the hard work, time and contributions from each family.

The CYHA Parents Organization Officers are:

Lori Keyes	President
Cindy Procopio	Vice President
Kim Purcell	Secretary
Karen Pitzeruse	Treasurer

Members Include:

Jen Birchler	Kristin Corcoran
Lisa Mazzoni	Carol O'Mara
Jane Sasso	Kristin Smith
Jo-Ann Trice	

XIII. CYHA WEBSITE

CYHA maintains a website where important information, including schedules, is maintained. The website can be found at www.cyha.org/.

CAMILLUS YOUTH HOCKEY ASSOCIATION

CODE OF CONDUCT

The purpose of this Code of Conduct is to provide a uniform set of guidelines for Camillus Youth Hockey Association. The mission of Camillus Youth Hockey Association is to provide both a recreational and competitive hockey program for the residents of Camillus and the West Genesee School District. In order to accomplish this mission, the Board of Directors of Camillus Youth Hockey organizes volunteers to coach our children and provide them with the opportunity to enjoy youth hockey. To this end, the Board of Directors needs the support and cooperation of many people, including coaches, referees, parents and players. Our goal is to create an atmosphere of accomplishment through team work, to expose our children to success and failure and how to handle each of these experiences, and to build character, discipline and self confidence which can be drawn upon in future years.

Every team, based on their head coach, assistant coaches, manager, players and parents, develops their own character, each with its own attributes and pitfalls. Each group must then develop its own agenda or rules to accomplish the goal of Camillus Youth Hockey Association. This code of conduct is only intended to be the framework for the minimum acceptable level of conduct for all parties involved in Camillus Youth Hockey Association. They apply to actions at Shove Park, all visiting arenas, and any motel, hotel, or meeting area where individual activities are a direct reflection on Camillus Youth Hockey Association.

Appendix A is a Parents Code of Conduct and the Progressive Discipline Process which each CYHA parent is required to execute at the time of registration.

Appendix B is a Players and Coaches Code of Conduct.

Appendix C is the directions to the Rinks around CNY

APPENDIX A

CAMILLUS YOUTH HOCKEY ASSOCIATION PARENTS CODE OF CONDUCT

Children's sports are supposed to be fun for the children. The motivating factor for most children who enter an organized youth sport program is their desire to have fun. Too many children are leaving sports activities because the fun is unfairly taken away by adults. Parents serve as role models for their children, who often look to adults for advice, direction and approval. Never lose sight of the fact that you are a role model. If you act inappropriately, your child probably will too.

I pledge to provide positive support, care and encouragement for my child participating in CYHA by adhering to the following Parents Code of Conduct.

- I will not force my child to participate in sports, I will support their desire to play and make it fun.
- I will make an effort to understand the game of hockey, including USA Hockey rules and Guidelines, CYHA Policies and Procedures.
- I will encourage my child to play by the Rules.
- I will not embarrass my child or myself by yelling at the players, coaches, officials or other parents. I will exhibit a positive attitude towards the game; its players and officials.
- I will applaud a good effort both in victory and in defeat and reinforce the positive aspects of the game.
- I will not verbally abuse my child, or any other player, his\her coach or game official.
- I will recognize the importance of volunteer coaches. They are important to CYHA and the development of your child.
- I will assist whenever possible with the various functions of my child's team (i.e., scorekeeper, running the clock, penalty box).
- I will see to it that my child arrives at practice and games at the predetermined times decided by the coaches and the my child is prepared and properly equipped.
- I will assure that my child respects the property of others and of the ice rinks where he\she plays.
- I will volunteer my efforts for the benefit of ALL CYHA players.
- I understand I will be required to volunteer my time working in the CYHA Snack Bar during my Child's teams assigned weeks.

We as parents understand and agree that we may be subject to punishment, including but not limited to warnings and/or temporary or permanent banishment from CYHA functions and Shove Park for violating any provision of the above Code of Conduct. And the Progressive Discipline Procedures will apply to all violations.

Parent\Guardian Signature

Parent\Guardian Signature

Date

Parental Progressive Discipline procedures for Violation of the Parent Code of Conduct:

If a situation arises in which it a CYHA parent has violated the Parent Code of Conduct, the following process will be followed in addressing the situation:

1. The head coach will address the situation to the parent. The head coach will also inform the Division Director of the situation. The head coach will summarize in an email or memo to the Division Director exactly what occurred and how the coach has addressed it. The Division Director will keep the full Board informed of any such situations.
2. If a situation happens again with the same parent, the matter will immediately be referred to the Division Director. The Division Director will meet with the parent, as well as separately meet with the head coach, and report his/her findings to the Board with a recommendation for action. The Board will review matters and act on the Division Directors recommendation.
3. If there is a third instance of a problem with the same parent, the matter will be turned over to the Executive Board for action to have the parent removed from the rink permanently.
5. If it is determined, by the Head Coach, Division Director or the CYHA Board of Directors, that the conduct of a Parent is severe enough at any time. The CYHA Board of Directors reserves the right to remove the parent from all CYHA functions pending a formal disciplinary hearing from the CYHA Board of Directors.

APPENDIX B

PLAYERS AND COACHES CODE OF CONDUCT

AREAS OF CONCERN	SPORTSMANLIKE BEHAVIOR	UNSPORTSMANLIKE BEHAVIOR
Behavior toward officials	When questioning officials, do so in the appropriate manner (e.g., lodge an official protest, have only designated individuals, such as team captains, address officials).	Arguing with officials. Swearing at officials.
Behavior toward opponents	Treat all opponents with respect and dignity at all times.	Arguing with opponents. Making sarcastic remarks about opponents. Making aggressive actions toward opponents. Swearing at opponents
Behavior toward teammates	Give only constructive criticism and positive encouragement.	Making negative comments or sarcastic remarks. Swearing at or arguing with teammates.
Behavior toward spectators	Make only positive comments.	Arguing with spectators. Making negative remarks or gesturing at spectators.
Rule acceptance and infraction	Obey all league rules.	Intentionally violating league rules. Taking advantage of loopholes in rules (e.g., every child must play, so coach tells unskilled players to be ill on important game days).
Spectator behavior	Make only positive comments to players, coaches, and officials.	Making negative or sarcastic comments.

APPENDIX C

DIRECTIONS TO RINKS

LOCAL RINKS

Skaneateles – Austin Pavilion located at the intersection of Jordan Road and Austin Street in the Village of Skaneateles.

Skaneateles – Allyn Arena – Take Route 5 West. Take left on Route 321. Once in Village of Skaneateles, take right into Community Center.

Valley - Meachem Rink located on Route 173 below Community General Hospital in the Valley section of Syracuse.

Midstate - The Coliseum is located at the New York State Fairgrounds on State Fair Boulevard.

Greater Baldwinsville Ice Arena - Take Route 690 West to the traffic light (where it becomes Route 48) and take a right on Hencle Boulevard. Continue straight. You will come to 2 stop signs. The rink is on the left just past the second stop sign.

Sunnycrest – Take 690 to Teall Ave. Exit. Turn left onto Teall. Go across traffic light, up the hill and make a right at the light at the top of the hill, just past the church. You will pass Henninger High School. Sunny Crest is at the end of the road.

Tsha'Hon'nonyen'dakhwa' (Indian Reservation Rink) - Take Route 81 South to Nedrow exit. Take right at end of exit ramp and rink is on your right about 1/4 mile down the road.

WHITESTOWN

- Take the Thruway to Exit 32 (Westmoreland)
- Just past the toll booth, take a left turn onto Cider Street
- Go approximately 1/2 mile to Stop 7 Rd. - take a right turn
- At the next stop sign, take a left onto Stone Rd.
- Go to the next double stop sign and take a left turn onto Westmoreland Rd.
- The rink is approximately 1 mile down the road on the left hand side

CORTLAND (COLLEGE)

- Take Route 81 South to Exit 12 (Cortland-Homer)
- Go to traffic light and take a left turn onto Route 281 South
- Continue straight for about 5 miles. See new sports complex on left
- Then take an immediate left turn onto the SUNY Cortland Campus
- Follow road to the rink (is part of a large athletic complex)

J.M. McDONALD SPORTS COMPLEX
4292 Fairgrounds Drive., Cortland, NY 13045
(607) 753-8100

Complex is located at the end of Carroll Street off of Homer Avenue (US-11)

FROM I-81 SOUTH OR NORTH: I-81 to US-11/Rt-41/Rt-90 (exit 12). Bear right onto US-11/NY-41 (Homer Ave.) and proceed south approximately 1 mile to Carroll Street. Turn right on Carroll St. and watch for complex on the right.

WATERTOWN

- Take Route 81 North to Watertown
- Get off at Exit 46 (Coffeen Street)
- Take a right off the exit, and the Fairgrounds are on your left about a half mile down the road

ALEXANDRIA BAY

- Take Route 81 North and get off at Exit 50N (Alexandria Bay)
- If going to Bonnie Castle Rink, it will be on your right as you get off the exit
- If going to the Municipal Rink, continue on Route 12 North for 4-5 miles to a stop light. Turn left, go through the arch, and take first right onto Fulton Ave. The rink is on your left.

SUNY MORRISVILLE (COLLEGE)

- Take Route 690 East to Route 481 South and get off at Fayetteville exit
- Head East on Route 5 and at Lyndon Corners bear right on Route 92
- Head toward Manlius, go through Village, and turn left at tee after duck pond
- Stay in right lane and bear right on Route 92 heading towards Cazenovia
- Go to end of Route 92 and turn left on Route 20 East. Zig-zag through Cazenovia on Route 20 and keep going through Village of Nelson
- In Morrisville, turn right on Eaton Street at the light
- Turn left at main college entrance and rink will be on your right

ELMIRA (COLLEGE)

- Take Route 5 West to Auburn
- Turn left onto Route 34 South to Ithaca
- Take Route 13 South to Route 17 West to Horseheads
- Turn right at the Route 14 North signs
- Go approximately 4 miles on Route 14 North, pass the State Troopers Office, and the twin domes are on the left (If you see signs for Millport, you have gone too far)

FIRST ARENA (Elmira)

From Route 17: Take Exit 56 and continue west on Church Street until you reach Main Street. Turn left on Main Street; the arena will be a block ahead on your right.

From points south: Follow Route 14 North to downtown Elmira. The arena is located on the left at the corner of Route 14 (Main Street) and Gray Street.

From points north: Follow Route 14 South to downtown Elmira. The arena is located on the right at the corner of Route 14 (Main Street) and Gray Street.

From Route 352: Follow Route 352 East to downtown Elmira, where it becomes Water Street. Turn left on Main Street. The arena is located on the left at the corner of Main Street and Gray Street.

GENEVA

- Take the Thruway West to the Geneva exit
- Go through toll booth and at the traffic light, make a right turn
- Go straight into Geneva
- Continue straight through the town about 4-5 traffic lights to the end
- Go straight and you will see the rink on the right side of the road
- The lake is on the left

FULTON

- Take 690 West to Route 48
- Take Route 48 into Fulton (Pizza Hut is on the right)
- At the traffic light, take a left and continue down the road two traffic lights
- The rink is on the left
- It is the Fulton War Memorial which is along the lake

ITHACA (3 RINKS)

Cass Park -

- Take Route 81 South to Exit 12 (Cortland-Homer)
- Go to the traffic light and take a left turn onto Route 281 South
- Follow Route 281 South until it turns into Route 13 South
- Follow Route 13 South into Ithaca
- Once you reach Ithaca, you will take a right turn onto Route 96 North
- Go approximately 3 blocks (over the railroad tracks and bridge that covers the river)
- At the traffic light, you will make a sharp right turn onto Route 89 (Park Dr.)
- Follow the road in and the rink is on the right hand side of road along lake

The Rink -

- Take Route 5 to Auburn
- In Auburn, turn left onto Route 34 South
- Follow Route 34 South for about 25 miles
- At stop light, take a left to continue on Route 34 South
- Rink is about 1 mile down on the left

Lynah Rink (Cornell University) -

- Take 81 South to Exit 12 (Cortland-Homer)
- Go to the traffic light and take a left turn onto Route 281 South
- Follow Route 281 South until it turns into Route 13 South
- Follow Route 13 South into Ithaca
- As you approach Ithaca, just past the New York State Electric and Gas Office building, turn left onto Route 366.
- Go on Route 366 for 3.8 miles to traffic light
- Go straight through traffic light across Gorge Bridge (don't follow Route 366 down hill to Village)
- Go to stop sign and take a right on Campus Road
- Rink is on left side of road past football stadium

NEW HARTFORD

- Take the Thruway East to Exit 32 (Westmoreland)
- Take a right after toll booth
- Take a left onto Route 233
- Go about 5 miles until you reach Route 5
- Take a left onto Route 5 East
- Stay on Route 5 East into New Hartford (bear right on Genesee Street)
- Once into New Hartford, take a right onto Oxford Street
- Follow Oxford Street to Mills Road (a short distance)
- Take a left onto Mills Road and the rink is about 100 yards on the right hand side of the road

ROME (KENNEDY ARENA)

- Take the Thruway East to Exit 33 (Turning Stone exit)
- Take Route 365 East towards Rome (about 10 miles)
- As town approaches, stay to the left and look for Route 69 West (Rome)
- From Route 69 West take a right turn onto Jay Street
- There will be a blue sign "Kennedy Arena"
- Go about 3 blocks and the rink is on the left side of the road

CLINTON

- Take the Thruway East to Exit 32 (Westmoreland)
- Take a right after toll booth
- Take a left onto Route 233
- Go about 5 miles until you reach Route 5
- Cross Route 5 East continue on Rt. 233
- Go about 1 mile to the fork in the road (Norton Ave)
- Veer to the left onto Norton Ave.
- Go to the end and the Clinton Arena is across the street from the stop sign

UTICA AUDITORIUM

- Take the Thruway East to Exit 31
- Pass toll booth and go over the overpass (straight)
- Take a right turn onto Genesee Street and go into downtown Utica
- You will go over another overpass coming into downtown
- When you come to a big intersection stay to the right
- Take a right turn onto Oriskany Street
- Stay on Oriskany Street for about 4-5 blocks
- Utica Auditorium is on the right hand side of the road

BINGHAMTON (CHENANGO ICE RINK)

- Take Route 81 South and take Exit 6 at Chenango Bridge
- Take a left at stop sign under Route 81
- Follow road to intersection and take left onto Route 12 North
- After about ½ mile, at the Y intersection, stay to the right and take Route 12A
- Go about 1 mile and take a left at the light
- The driveway to the arena is the first right

OSWEGO (3 RINKS)

Romney (SUNY Oswego) -

- Take Route 690 West to Route 48
- Follow Route 48 into Oswego
- Take a left onto Route 104 West
- Rink will be down a little way on your left

Fort (also called Crisafulli Rink) -

- Take Route 690 West to Route 48
- Follow Route 48 into Oswego
- Take a right turn onto Route 104 East
- Go approximately 9 blocks to 9th Street and take a left turn
- Go approximately 3 blocks down 9th Street and the rink is on the left hand side of the road

Cullinan (also called Kingsford Park Rink) -

- Take Route 690 West to Route 48
- Follow Route 48 into Oswego
- You will see a lumber yard sign
- Just before lumber yard, make a left turn onto Niagara St.
- Go approximately 3-4 blocks and the rink is on the left behind a school

PULASKI (SALMON RIVER)

- Take 81 North to Pulaski exit
- At the stop sign, take a left turn
- Go to the second traffic light at intersection (Dunkin' Donuts on corner) and take a right turn
- Go approximately 1/2 mile down the road until the road veers to the left
- Bear to the right before the bend and the rink will be on your right

AUBURN (CASEY PARK)

- Take Route 5 West to Auburn (Route 5 will become Grant Ave. as you approach Auburn)
- Continue on Route 5/Grant Ave.
- Go up over the hill and take a right at the light onto Seymour St.
- Take Seymour St. all the way to the very end (You will see Custom Cleaners)
- At the end of Seymour St., take a right onto North Division St.
- The rink is approximately 1/4 mile up on North Division St. on the right

CICERO TWIN RINKS

From I-81 Northbound: North on I-81 to Rt-31 exit 31. West (left) on Rt-31 (beneath I-81 underpass) for a short distance to US-11/Brewerton Rd. (2nd light). North (right) on US 11/Brewerton Rd. about 1 mile and turn left into the Cicero Community Campus. The arenas are on the right side of this road past the NOPL (library).

CLAYTON RECREATION PARK ARENA

From I-81: I-81 to Rt-12 exit 50 .West on Rt-12 to Graves St. South (left) on Graves St. to E. Line Rd. Right on E. Line Rd. Clayton Recreation Park is off of E. Line Rd.

ESL SPORTS CENTER

Take NYS Thruway to I-390. North on I-390 to Henrietta Rd./Rt-15A exit 14. North on Henrietta Rd./Rt-15A about 1 mile to Brighten Henrietta Town Line Rd. Right on Brighten Henrietta Town Line Rd. about 1/2 mile to Eastman Savings and Loan Sports Complex. Complex is on the left on the campus of Monroe Community College.

THOMAS CREEK ICE ARENA

From NYS Thruway: NYS Thruway to Exit 45 (Victor/Fairport). Go through toll booth and take Rt. 96 exit - just to the right. Right onto Rt. 96 at top of exit. Take a right onto Turk Hill Road (4th traffic light). Stay on Turk Hill Road to Rt. 31-F (East). Cross Erie Canal. At the top of the hill make a sharp right at traffic light onto Macedon Center Rd. Continue on Macedon Center Rd., 31F (approx. 1.7 miles). Right on Lyndon Rd. Arena is on the left.

**USA HOCKEY
AGE CLASSIFICATIONS
FOR THE 2009-2010 SEASON**

BIRTH YEAR	AGE CATEGORY	DIVISION
1991	18 Years	Midget
1992	17 Years	Midget
1993	16 Years	Midget
1994	15 Years	Midget
1995	14 Years	Bantam
1996	13 Years	Bantam
1997	12 Years	PeeWee
1998	11 Years	PeeWee
1999	10 Years	Squirt
2000	9 Years	Squirt
2001	8 & Under	Mite
2002	8 & Under	Mite
2003	8 & Under	Tyke
2004	8 & Under	Tyke

Girls

1997 and Younger	12u
1995 and Younger	14u
1994 and Younger	16u
1990 and Younger	19u

Players must register in their appropriate age division